

JULY-SEPTEMBER 2016 ARTICLES

WEEK OF 9/26/16 - Tailgate Victories (Recipe: Buffalo Chicken Burger)

WEEK OF 9/19/16 - Stock Your Freezer with More Family

Meals (Recipe: Tortilla Lime Chicken)

WEEK OF 9/12/16 - Serve the BEST Family Meal YET! (Recipe:

Baked Chicken Lasagna Rolls)

WEEK OF 9/5/16 - As Kids Head Back To School... FAMILY

MEALS MATTER! (Recipe: Breakfast Tacos)

WEEK OF 8/29/16 - Take the labor out of Labor Day

Meals (Recipes: Broccoli Slaw Pasta Salad & Tuna and Black Bean Salad Wraps)

WEEK OF 8/22/16 - Fuel Up For Back-to-School and Afterschool Sports with MANGO! (Recipe: Peanut Butter, Mango and Honey Roll-Ups)

WEEK OF 8/15/16 - Go Bananas for Back-to-School Breakfast Ideas! (Recipes: Quick Protein-Powered Smoothie & Quick Banana Oatmeal Smoothie)

WEEK OF 8/8/16 - Pick a Perfect Peach! (Recipes: Grilled Ham Steaks with Peach Salsa & Peaches and Cream Pops)

<u>WEEK OF 8/1/16</u> - Local Tomatoes are Great on the Grill! Use them with Stonefire Naan (Recipes: Grilled Tomatoes with Basil Vinaigrette & Mini Naan Cheese, Tomato, and Kale Pizza)

<u>WEEK OF 7/25/16</u> - Discover New Favorites for Your Next Summer BBQ (Recipes: Creamy Balsamic Grilled Vegetables AND Honey Dijon Dressing)

<u>WEEK OF 7/18/16</u> - Summer Gardens and Local Produce Inspire Tasty, Nutritious Foods (Recipe: Quick Caprese Pasta Salad)

WEEK OF 7/11/16 - Beat the Heat with Watermelon - For Your Health and Hydration (Recipe: Pork & Watermelon Kabobs)
WEEK OF 7/4/16 - Fruits and Veggies Keep You Hydrated